

## MISSOURI DEPARTMENT OF

# HEALTH & SENIOR SERVICES

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# HEALTH & SENIOR SERVICES

## LPHA and School Partnerships: Investing in the Future Together

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## What We Will Discuss in the Next Hour

Missouri Department of Health and Senior Services

History of Local Public Health in Missouri

History of School Health in Missouri

Missouri Revised Statutes Related to Health and Safety

Power of Partnership

Partner Sharing

## History of Missouri Department of Health and Senior Services MO DHSS

1883

1967

1985

2001

March 29, 1883, Missouri Legislature created a State Board of Health October 1967, Legislature State Board of Health within Division of Health; Governor appointed the members. July 29, 1985,
Department of Health
was created and
empowered to manage
all public health
functions.

August 28, 2001, becomes Department of Health and Senior Services. Focusing on prevention and quality of life for ALL Missourians.

## History of Local Public Health in Missouri

#### From the beginning....

- 6 counties in Missouri had a health agency
  ALL 6 of them were administered by county courts

- The number of health agencies increased to 21
  State law changed to allow county public health agencies to be supported. by a tax levy and governed by a board of Trustees

- The number of health agencies increased to 77
- The state legislature appropriated approximately \$2.5 million in federal funds to help counties establish public health agencies

- The number of health agencies increased to 81
- The majority of the public health agencies governed by county commissions were located in the central part of the state.

- Missouri has 115 local public health agencies
- All have various forms of governance
  Most (89) of the agencies are funded by a dedicated tax
  - County commissions govern 18 of the agencies
  - 8 have other forms of governance, including city charter, city/county agreement, or other unique agreement

## **History of School Health in Missouri**

## From the beginning....

1902

 Lina Rogers was hired as the first school nurse. She was part of a pilot program aimed at reducing absenteeism in schools due to preventable illnesses. Her work was a success, leading to the hiring of additional school nurses.

**1984** 

 Nela Beetam was named the first Missouri State School Nurse Consultant.

1993

The Missouri General Assembly passed legislation designed to increase access to health care. This law allowed for schools to increase access to health care for schoolage children by creating or expanding basic school health services programs. The program was funded through the Health Initiatives Fund (HIF) (RSMo 167.603), through a tax on tobacco products.

**2010** 

The School Health Program continued to provide technical assistance and consultation, and trainings to manage chronic health conditions in students

2025

- Serve 600+ Public, Private, Charter and Parochial schools
- Serve 900,000+ students served
- The School Health Program continues to provide technical assistance, consultation, trainings to manage chronic health conditions in students, and has expanded to include additional focus on workforce development for school health staff

## **Revenue**Sources

Local taxes

Grants

Contracts

Fees and donations

State funds through contractual arrangements

Federal Funds

## Public, Charter, Private and Parochial schools

## School Health Services in Missouri

## Promote best-practices in school health services:

- Vision and hearing screening
- Chronic conditions in the school setting (i.e., asthma, life-threatening allergies, diabetes, seizures)
- Communicable and infectious disease control
- Medication administration

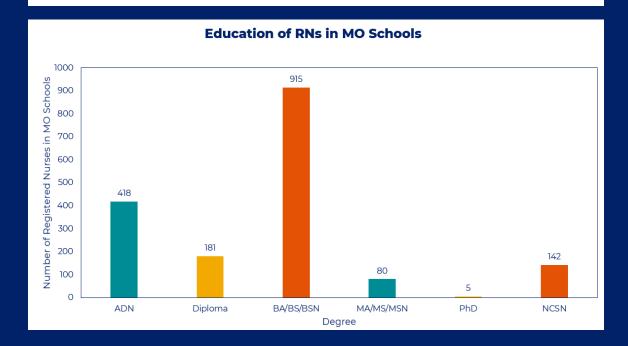


## Health Room services by RNs, LPNs and Health Aides

## Training and Professional Development:

- Health Office Orientation
- Nurse Education Webinar Series (N.E.W.S.)
- Show-Me ECHOs
- Lead School Nurse Collaborative
- 1:1 Technical Assistance and Support
- News You Can Use Newsletter
- Showmeschoolhealth.org

# HEALTH STAFF POSITIONS (INCLUDES DUPLICATES FOR NURSES VISITING MULTIPLE SCHOOLS) Health Aides/Clerks/Contact LPNs RN 66% 15%





## STATE OF MISSOURI SCHOOL HEALTH SERVICES STAFFING 2024-2025

Data collected from the School Health Online Reporting system (SHORS)

Every student counts!





Student Population of Reporting Schools

893,012 students

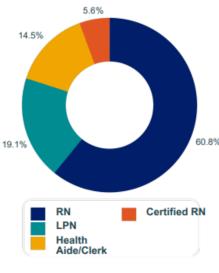
#### **Nurse-to-Student Ratio**



#### Professional Health Services Staff by Degree



#### **Health Staff Positions**



## **Student Health Data**

	Missouri Schools Nationwide		
Life- threatening Food Allergies	3.3%	4%	
Asthma	7.6%	7-10%	
Seizure Disorders	0.85% 0.7%		
Diabetes	0.33% 0.3%		



## STUDENTS WITH DISEASE AND CHRONIC HEALTH CONDITIONS IN PUBLIC SCHOOLS, MISSOURI 2024-2025

Data collected from the School Health Online Reporting System (SHORS).

PERCENTAGE OF STUDENTS IN MISSOURI PUBLIC SCHOOLS WITH:

3.3%

7.6%

0.33%

17.7%

9.0%

3.5%



LIFE THREATENING ASTHMA ALLERGIES COMBINED DIABETES

MENTAL HEALTH COMBINED

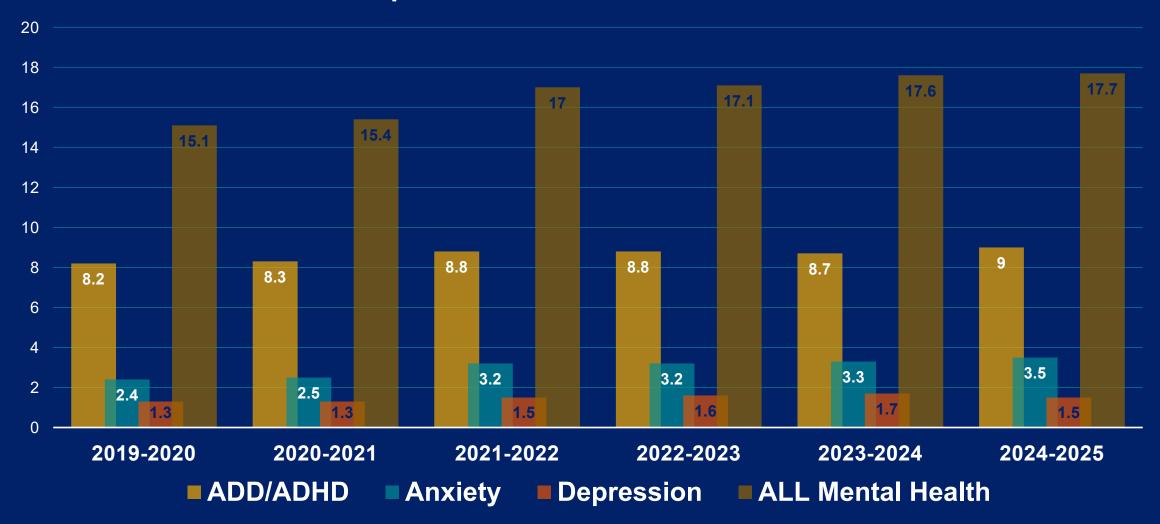
ADD/ADHD ANXIETY

SEIZURE DISORDER

Disease/Conditions	Number	Disease/Conditions	Number
Allergies - life threatening - Food	24,362	Sickle Cell Disease	599
Allergies - life threatening - Insect	3,756	Heart disease with activity restrictions	989
Allergies - life threatening - Latex	1,001	Hemophilia/bleeding disorder	1,008
Asthma - on medication at home or school	66,828	Hydrocephalus with shunt	707
Blind/Visually Impaired	9,410	Kidney disease	1,431
Cancer - History, not on medication	796	Mental Health	
Taking Chemotherapeutic Medication	196	ADD/ADHD	78,776
Chronic Infection (e.g. Hepatitis, etc)	184	Anxiety	30,944
Cleft lip and palate	504	Autism Spectrum Disorder (ASD)	20,825
Cystic Fibrosis	393	Bipolar	1,660
Daily special health care procedures		Depression	13,031
Blood sugar check	2,468	Obsessive Compulsive Disorder	1,910
Catheterization care	267	Oppositional Defiant Disorder	5,405
Ostomy care	154	Post-Traumatic Stress Syndrome	3,262
Tube feeding	750	Tourette Syndrome	1,234
Ventilator dependent	20	Migraine Headaches	13,198
Suctioning		Neuromuscular disorder - non-	
Succioning	128	progressive (Cerebral Palsy, etc.)	1,906
		Neuromuscular disorder - progressive	
Nebulizer Treatment Deaf/Hearing	866	(e.g. Muscular Dystrophy, etc)	421
Impaired with no assistive devices	2,640	Organ Recipient	188
Deaf with FM systems	626	Orthopedic disability - permanent	2,272
Deaf with hearing aids	1,956	Orthopedic disability - temporary (e.g., Osgood Schlatter, fractures, etc.)	3,809
Deaf with cochlear implants	448	Scoliosis requiring treatment	1,132
Di a betes		Pregnancy	251
Type 1	2,413	Teen Parenting	382
Type 2	500	Rheumatoid Arthritis	382
Eating disorder (Anorexia, Bulimia, etc)	685	Autoimmune disease (e.g., Lupus, etc)	1,432
Gastrointestinal Disorders (e.g. Irritable Bowel Syndrome, etc)	7,963	Routine medications at school	25.530
Crohn's Disease	460	Seizure disorder	7,527
Ulcers	235	Students with DNAR order	14
Bowel/Bladder Incontinence	4,504	Traumatic Brain Injury	668
Chromosomal Abnormalities (Down Syndrome, Neurofibromatosis, etc)	2,979	504 Plans	32,640

<sup>\*\*</sup>Totals do not reflect 57 districts that did not respond to the survey. 501 out of 558 public school districts reported data to DHSS. The enrollment in these districts was 879,179, representing 98% of all students enrolled in public schools (893,012) in the 2024-2025 school year. [371,691 of the 879,179 students included in the report indicate having health care insurance. 379,443 of the 879,179 included in the reporting districts indicated they did not inquire about health insurance status.]

## % of Diagnosed Mental Health from Reported MO School Health Data



## Student Encounters

Annual data report on student visits to the health office

- ✓ How many visits for school health services?
- ✓ What was the disposition of each encounter

## **Student Encounters: Missouri School Health Program**

Compiled from voluntary reporting 658,486 of 920,182 students in Missouri (63%); 374 of 589 public school districts



2023-2024

**School Year** 



Number of health office visits resulting in the student being returned to the classroom to learn:

6,347,320

Number of health office visits resulting in the student being Sent home due to illness, injury or other:

296,257

Number of health office visits resulting in **emergency** medical services or 911:

1,350



## Missouri Revised Statutes (RSMo)

#### Section 170.310, RSMo

Upon graduation from high school, students in public and charter schools shall have received thirty minutes of CPR instruction and training in the Heimlich maneuver or other first aid for choking.

## Section 170.307, RSMo

Upon graduation from high school, students in public and charter schools shall have received mental health awareness training. Instruction shall be included in the district's existing health or physical education curriculum.

## Section 170.045, RSMo

Each school district shall provide trauma-informed, developmentally appropriate sexual abuse training to students in all grades not lower than sixth grade, each school year.

## Section 160.482, RSMo

For the 2026-27 school year and all subsequent school years, this act requires every public school, including charter schools, to develop and implement a cardiac emergency response plan that addresses the appropriate use of school personnel to respond to incidents involving an individual experiencing sudden cardiac arrest or a similar life-threatening emergency while on a school campus.

# Power of Partnership

Help develop policy for health promotion

Provide professional development and training opportunities for school personnel

Provide expertise and resources

Help "lighten the load" and meet goals of improving health

Developing joint plans and activities in response to children's health needs

## **School Nurses** work with their LPHAs a lot!

- Student immunizations records
- Schedule of immunization clinics for referrals
- Communicable disease reporting
- Communicable disease outbreak management
- Health education programs







#### COMMUNICABLE DISEASE REPORTING

Good communication among healthcare providers, childener providers, school health staff, parents/gaardiams, and the health department can play a major role in preventing the spread of communicable diseases. It is important that parents/garantians te childener providers and/or school healt staff know whenever their children are diagnosed with a communicable disease. Childener providers an school health staff about decked with the local or state health department for find out if any special control of the providers and school health staff about decked with the facel or state health department for find out if any special control or the providers are school health staff and expected control or the providers are school health staff and expected providers are school health staff and expected providers are school health staff and expected providers are school health staff and the providers are school healt

Childcare providers and school health staff are required by the rule to report diseases to the health partment. You do not need to worry about privacy issues or confidentiality w ralthcare providers, laboratories, and others are also required to report. Some can be very serious, so it is important that you call right away, even if you think that someone else may have already made a report. Check the MDHSS website for any changes in the disease reporting rule:



Carl Junction School District +
Jasper County Health Department Partnership



## Amberlee Miller, BSN, RN, NCSN District Leader Nurse Carl Junction R-I School District

Amberlee Miller, RN, NCSN, earned an Associate of Nursing degree from Crowder College in 2004 and a Bachelor of Science in Nursing from Pittsburg State University in 2023. She has over 19 years of experience in school health nursing, currently serving as the lead and early childhood nurse for Carl Junction Schools, while also practicing at Joplin Freeman Urgent Care. Amberlee has served multiple terms on the Missouri Association of School Nurses executive committee, contributed to planning conferences in 2020 and 2025, and presented on individualized healthcare plans, diabetes care, and nurse self-care. Her public health work includes participation in the 2013 Johnson & Johnson School Health Leadership program, which helped develop an enduring change plan creating a school-linked healthcare clinic and a school-based mental health clinic in partnership with a local healthcare system. She also participated in the 2023 AAP MO-TEAMS project assessing school health policies, serves in the Jasper County Community Health Coalition, and has hosted schoolbased public health initiatives such as poverty simulations, drug impairment awareness training, and educational opportunities for school nurses. As a cohort in the Goldfarb MSN-School Nurse program with anticipated graduation in August 2026, her goal is to advance education for herself and fellow school nurses to enhance the health, wellness, and safety of children and communities across Southwest Missouri and the state.

## **Jasper County**

Who We Are

1

Located in Southwest Missouri



3

Population: 124,075

**Carl Junction Population: 8,379** 

12

**County seat: Carthage** 

Includes the towns of Joplin, Carthage, Webb City, Carl Junction, Oronogo, Duquesne, Duenweg, Carterville, Sarcoxie, Alba, Asbury, Jasper 4

Carl Junction known for being founded near a railroad junction. Combines small-town living with access to nearby city amenities.

## **Carl Junction School District**

Who We Are

Located in Jasper County in Southwest Missouri

Approximately 30% of students qualify for free or reduced school lunches

Grades: PK-12 Students: 3,454

4

One nurse in each building:

- 7 Registered Nurses (RNs)
- 1 Health Aide

**Immunization** How the clinics, COVID **Initial partnership Partnership** communicable strengthened between LPHA/ Developed.... disease partnerships **Schools** Looking Intentional **Key stakeholders** forward investment in the **Consistent messaging** partnership post-**Toolbox created by LPHA** in conjunction with COVID partners. 4. Open communication

## Achievements

as a Result of Partnership



Shared coalitions, collaboration for communicable disease response

Collaboration



Involvement of LPHA, school administration, DHSS school programs

Cooperation



Shared decision making, tools that are adaptable to school culture, shared messaging

Communication



Back-to-School events, Sports Physicals and Immunization Clinic

Community

## **Tips**

## To Replicate Partnership

#### Tip

- Provide
   adaptable tools
   to fit school
   culture,
   situation, and
   audience
- Flexibility in messaging, but consistent talking points

#### Tip

- Keep an open mind
- Be willing to see things from both points of view and work together for common goals

#### Tip

- Include each other in community events, meetings, and opportunities
- Commit to being available for each other



Lincoln County Health Department +
Lincoln County R3 School District Partnership

## **Lincoln County**

Who We Are

1

Located in the
Eastern part
of the state,
bordering Illinois,
along the
Mississippi River



3

**County Seat: Troy** 

2

County Population: 65,888

4

Notable attractions: Cuivre River State Park, Lake Lincoln and Frenchman's Bluff.

## Lincoln County R3 School District

Who We Are

1

#### Four school districts:

- Lincoln County R-III
- Elsberry R-II
- Silex R-I
- Winfield R-IV

3

Overall graduation rate of 92.7% in 2021

2

Approximately 9,862 students across Lincoln County

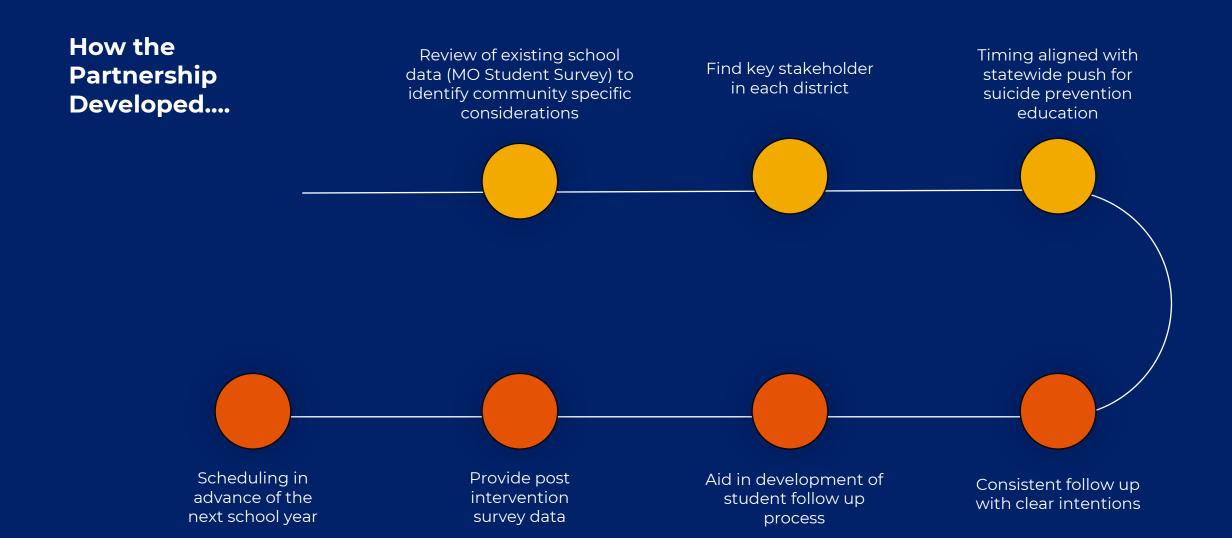


## Maternal Child Health (MCH) Services Contract Priority Health Issue

Promote Protective Factors Among Youth and Families

To lower the rate of:

 Adolescent unintentional death/homicides/suicides (Lincoln County rate was 53.1% compared to the state rate of 26.4%)



## **Achievements**

as a Result of Partnership



Increased knowledge among educators and students regarding the 988 suicide & crisis lifeline. To increase accessibility of services, designed and distributed 988 stickers to educators and students.

2022



Increased family/school connectedness and developed a resource guide template, using mental health themes and resources to build healthy coping skills.

2022



Increased participation in Back-to-School fairs among all four school districts, incorporating mental health resources thus increasing knowledge among families.

2023



Increased individual knowledge and skills around mental health and wellness among adolescents from a baseline of zero to 2,420 students, among six schools using the Signs of Suicide program.

2024

## **Tips**

## To Replicate Partnership

#### Tip

## Find your key stakeholders

- Administration
- School counselor
- Social worker
- Teacher advocate

#### Tip

## Address fears and misconceptions

- Ageappropriate, evidenced based content
- Dispel misconceptions
- Offer to share a preview video or parent information

#### Tip

## Make it easy for schools to implement

- Offer a clear implementation plan (i.e. – how long you will need, what set up works best, etc.)
- Offer to manage logistics (materials, fees, etc.)
- Be flexible





Recent News | FSIS Issues Public Health Alert for Frozen Chicken Korma with Basmati Turmeric Rice Products Due to Misbranding and A

Missour

From a state

public healt

#### Find a program for...





## **QUESTIONS?**

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